



A-U-2 Review



MAY

2020

ANNA PETERSON, WGM

THE RHYTHM OF LIFE

BOB HARPER, WGP



Ten Things to Do to Get Through the Shutdown

Here we are starting another month of stay at home, limit your contact, wash your hands until they're raw and for goodness sakes, don't get close to another human being, family member or not.

Just thinking about our current situation is enough to send you into a state of manic-depression and sometimes it seems like the life we all knew before March is gone forever and I guess that is the most depressing of all.

Well, I for one am not buying it. We will get through this and when we do, it will be up to us to reclaim our way of life and reestablish the kind of society that celebrates and encourages life, liberty and the pursuit of personal contact. I know that for now, we must do certain things to keep ourselves and the ones we care about safe from the COVID-19 virus, but this does not have to change our lives forever and if one more person talks to me about the "new normal", I think I may get physically ill and I don't mean with the virus.

We as a people have come through a lot worse than this and have always emerged better than we were before. I think it has to do with something called the 'American Spirit' and our inherent faith in the Creator of the Universe who watches over us and gives us the

strength to pass through whatever valley we may need to travel to reach the next mountain top.

This weekend while I was weeding my garden, I started thinking about my Mom again, and all that my parents had to go through for me to be here in this wonderful country and how they managed to get through their trials and tribulations. What was it about them that I remember most?

Later that day I sat down and created a list of the lessons they taught me and decided to use that list to get me through this bump in the road and I'd like to share my top ten with you. I know that all of you have similar memories of parents, teachers, or others that may have inspired you and gave you courage.

• **Stay positive:** We are not in control of all situations that come to us. That's God's job. But we are in control of how we react to them, how we perceive them, how we learn from them and finally how we overcome them.

Stay Active: Don't become a member of the great army of couch potatoes. It's hard on the furniture and doesn't do your butt any good either.

• **Learn Something New Every Day:** We are the most connected people in the world. Here's something we can do with electronic communication. Look up something you have always wanted to know and find the answer.

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Dear Sisters and Brothers,

I hope this finds all of you and your families well and in good health. I know it is a trying time having to stay in and shelter in place but it appears from the data it was the correct thing to do to prevent the spread of the virus. Now as restrictions are being lifted we need to stay vigilant and continue with the good practices the medical community have instructed us to use.

Not being able to have meetings and close contact with each other makes this time more difficult especially for Masons, Eastern Star and members of other Masonic bodies who have grown accustomed to close fraternal relations. We have grown so close to the members in these organizations that we look upon them as members of our family.

Until the day comes when we can resume our meetings in person and talk to each other eye to eye, shake hands, give and receive hugs enjoy a meal or refreshment together I encourage you to help fill the void by making phone calls, mailing notes or cards, send emails, get together in groups on Zoom(no meetings, NO RITUAL Work) but do what you can to stay close with your Sisters and Brothers until it is safe for us to meet in person.

In closing, I hope that all the Sister's had a very Happy Mother's Day!!!

Star Love, Bob Harper, WGP



- **Stay in Touch** with Family and Friends: This weekend I talked to someone that I hadn't spoken with in years. It was truly the highlight of my day. Reach out, stretching your emotional being is as good for your health as stretching your muscles.
- **Go Outside** – Its spring time for heaven sakes: Wondrous things are happening all over. The world is coming to life and there is so-much beauty this time of year and so much energy to tap into. TAP INTO IT!
- **Leave Your Property:** I know this may sound like a dangerous situation but you can handle it. Be cautious, wear your mask, keep that social distancing, wear gloves and take some hand sanitizer or wipes with you. Going to the store can be a real adventure. Just look at the people you'll see. Half look like bandits from an old western movie, some look like extras from a medical program, and others just go their way unconcerned and unprotected. Try to avoid these people at all cost.
- **Don't Become Addicted** to the COVID-19 Information Blitz. Depending on your source you can get two completely different assessments of what the truth is. Remember the definition of an expert, he or she is someone who knows a thousand ways to make love and can't get a date.
- **Be Wise:** By this time in your life you should have developed a certain innate talent for self-survival. Don't do dumb things. Take precautions but don't let the situation overwhelm you. Use your head and the wisdom that God has given you when make decisions of what to do.
- **Be Inspiring:** Tell stories when you speak with your children,

grandchildren or others who may not have as much life's experience as you do. This is especially true with grandchildren or great-grandchildren. Reach out, you'll be amazed at how much comfort you can offer to younger people who right now are more apprehensive than you may be.

- **KEEP THE FAITH:** It is the challenges in our life that strengthens our faith. It's the times when we feel most alone and helpless that we turn to our faith. And I think that's all part of God's great plan for us. Every now and then we need to be humbled in order to realize that we need Him in our lives and live by His teachings.

There you have it. My ten ways to help survive this challenging time. As I was writing this article, I noticed in a tree just outside my window, there are two birds building a nest. They've been working on it for about a week now, stick by stick, twig by twig, they are building a future. A home they can rear the next generation. They have no guarantee that storms or predators may not destroy what they have created, but they keep working. There's a lesson here, my sisters and brothers. If these birds have such faith in the future, can we have no less?

I don't know what's ahead and neither do any of those who claim to be predictors of the future. Let us not let the noise of the now deafen our ears to the beautiful song that will be the future. It's all in God's hands and the Rhythm of Life goes on.

God bless you and keep you safe.

Anna Peterson, WGM

GRAND CHAPTER SESSION

The Grand Chapter of Colorado Order of Eastern Star, Cordially Invites You to Attend the 128th Annual Session on September 17, 18, 19, 2020 Radisson Hotel Denver-Aurora 3155 S. Vaughn Way, Aurora, CO

"The Rhythm of Life" Grand Family" and members of the General Arrangement Committees have been working diligently on all the plans and preparations required to ensure the very best for a successful and enjoyable Session. All of the forms (Registration, Hotel Reservations, Meals/Banquets, Silent Auction, and Program of Sessions & Events) are available on the OES Website – (www.oes-colorado.org). If you are unable to access these forms and information by computer, hard copy packages have been provided to your Chapter Secretaries. We are looking forward to a very exciting and worthwhile Session with our Eastern Star Sisters and Brothers.

Carol Peck,
General Arrangement Chairman

FROM THE DISTINGUISHED

GUEST COMMITTEE

Dear Members of Colorado,

The Distinguished Guests Committee for "The Rhythm of Life" Grand Session scheduled for September 17 – 19, 2020, is well on the road to making plans for our Grand Session.

On behalf of the WGM Sister Anna and WGP Brother Bob, the Distinguished Guest Committee is seeking your help.

As many of you know, who have attended our Grand Sessions in the past; when you pick up your registrations packets, ballots and I.D. card, you also receive a bag of goodies. As the years have progressed and prices increase, the contents of our Sessions bags has diminished.

This year, we would like to be a little more generous with the contents of our

bags, not only for our Colorado members, but for our Out of State Guests as well. Therefore, our committee has come up with an idea so that each Chapter can participate in this project, if they so desire.

We are asking that your Chapter donate items for the Session bags. These items could be handmade or store bought. The first question you will ask is, "How many items do we need?" And the second question will be, "How much will it cost?". First, we prepare 300 bags. Second, your Chapter has the option as to how much you want to spend.

The Dollar Store offers a huge variety of inexpensive items: chips, crackers, and a variety of other snacky things. There is a multitude of possibilities for homemade items, as well. Novelty items from your area of the State would also be a great contribution. Let your imagination go wild, as the possibilities are endless.

If your Chapter feels that you cannot possibly commit to 300 items, you might consider joining forces with a neighboring Chapter or just donate as many as you can of your desired item. It would be nice if a sticker or tag be put on each item indicating that your Chapter donated it.

Please let me know your item and quantity no later than June 30th, so we can coordinate and calculate the donations. Also, the items need to be delivered to the Grand Chapter Office no later than Friday, September 11 or bring your items to me at the Radison Hotel no later than Monday September 14 between 2:00 – 4:30 pm.

Of course, our Committee could do the shopping for you, if your Chapter would rather simply give a monetary cash donation. You may send your donation to the Grand Chapter Office as soon as possible. No Cash, please. Makes checks payable to the Grand Chapter of Colorado and indicate in the **memo line**

2020 Grand Chapter Bags. Any funds not used will be donated to our WGM's special project.

This project is not limited to only the Chapters, but if an individual or OES Club would like to participate, your assistance would be greatly appreciated.

On behalf of the WGM, Anna and WGP, Bob and the Distinguished Guest Committee, I would like to thank you in advance and certainly let you know how much we appreciate each Chapter and your donations.

Always Star,
CherylAnn Craven-Lindblad, PGM
DG Committee Chairman

Genie Wilcox, GGCCM
Jim Jarvis, PGP
DG Committee Co-Chairmen



GRAND

REPRESENTATIVES

Announcing Grand Representative appointments is always an exciting duty of the Worthy Grand Matron and Worthy Grand Patron. Unfortunately, because of the COVID situation, Sister Anna and Brother Bob are unable to make these appointments in person. So via a few conference calls, recent appointments have been made. Please welcome into the fold the following Sisters:

Ruthann Benedict, Centennial #58
New York

Myrna Salberg, Leadville #2
New Mexico

Joann Dowler, Mt. Zion #133
North Dakota

And Brothers:

Les Bailey, PGP, Centennial #58
New Hampshire

Larry Wullbrandt, PGP, Manzanita #85
Massachusetts

Steve Davis, PP, Dawn #125
Michigan

Congratulations Sisters and Brothers. May you have a wonderful time as a Grand Representative as you visit your respective Grand Chapters.



Dear Sisters
and Brothers,

After much discernment, prayer and unforeseen extenuating circumstances, our Sister Cynthia Gray, has resigned as editor of the 4 U 2 Review Newsletter. Our Worthy Grand Matron has appointed me as the new editor.

I am humbled and will attempt to do my very best to live up to the high standards of this publication and those editors before me. I would like to thank our Sisters Karla Dimond, Jan Schneider and Cynthia Gray for their dedication to this publication over the years.

As we move forward, I would like to make the 4 U 2 Review a monthly publication instead of quarterly. I hope that with this change, news will be more timely and relevant to activities happening in our Chapters. It is my plan that the 4 U 2 Review be posted on the website and electronically sent to the Chapter Secretaries and OES group email.

I know that currently our Chapter meetings have been suspended due to COVID 19; so this is a perfect time for me to get organized. I would ask the Worthy Matrons send me the name and contact information (email and phone #) for your chapter reporter, asap, so that I can contact them with the necessary information regarding the publication.

The monthly publication will be simplistic. No flashy bling. I will relay the news as the Chapter Reporters send it, along with any pictures they might include. In addition, if a member has any news to report, please send me your article. The monthly deadline will be on the 20th of each month, with the Newsletter being published on the 1st of the following month.

Thank you for your help and assistance as we work together to revive this vital state wide publication.

Always Star – God Bless
CherylAnn Craven-Lindblad
4 U 2 Review Editor
970-396-3364 asap4sure@gmail.com

SILENT AUCTION DONATIONS FOR GRAND CHAPTER

- From Pam Jones, Member of the Board of Directors

To those who will be donating items to the Silent Auction this year.....

“Donors don’t give to institutions. They invest in ideas and people in who they believe.”

Thanks for believing in Colorado Eastern Star, your donations make a difference!

Last year’s auction was a great success and it would be great if we could raise more this year.

Your Secretary should have received the Silent Auction forms. If you don’t have access to one please mail or email me and I will personally send you one. August 25th is the deadline for submitting your Silent Auction consignment form. Please mail or email the form to me on or before that date so I have an idea how many items will be auctioned off.

At this time we are still planning to have the **“Make an Offer”** table. As it was last year, this will be “purchase and take it with you”. I forgot to include the form in the information packet that the Grand Secretary sent to the Chapters. If you would like to donate to that project please fill out the form below and mail or email it to me.

“RHYTHM OF LIFE” Grand Chapter Session SILENT AUCTION “Make an Offer” FORM

Yes, I want to participate by donating items for the **“make an offer”** table at Grand Chapter. I understand that **the item must be received no later than Thursday, September 16th 11:00am, but preferably by Wed. the 15th.**

Name _____

Address _____

City _____ State _____ Zip _____ Phone (____) _____

Chapter Name & # _____

Item to be donated _____

Item # _____

Notes of Interest about Item: _____

Please return this consignment form to:
Colorado Grand Chapter “make an offer” table
Pam Jones 117 Falcon Cr., Mead, CO 80542
jonesrom2018@gmail.com

Form deadline: No later than August 25, 2020 (earlier would be appreciated)

THANK YOU FOR YOUR PARICIPATION

We are also hoping our Vendors will donate items for a drawing, so again I encourage you to visit the Vendors. A form will be included in your Session packet allowing you to participate in a special event for those donated items.

This year we are not offering a separate clothing sale but if you would like to see that return in 2021 send me a quick email and we will see what we can do.

Thanks and we will see you at Grand Chapter Session!