

JAN CHARTER

From: "Shirley Gill" <shirley.gee@sympatico.ca>
To: "OESStar List"
Sent: Tuesday, April 17, 2001 4:30 PM
Subject: [OESStar] Secretaries

I used this "anti-stress" kit as a gift for the Secretaries on the night they were honoured. The items were put in a small zip-lock type back and the explanation was included. Have fun. I was Secretary for one year (while our Sister who has been Secretary for a number of years was Worthy Matron) and I have a much greater appreciation for the work they do!!

Secretary's Anti-Stress Kit

- ERASER - to make all those little mistakes disappear
- MARBLE - for those days when you're sure you've lost yours
- MINT - to remind you that you are worth a mint to your Chapter.
- PENNY - so you will never be completely broke
- RUBBER BAND - to help you stretch beyond your limits
- STAR - because that is what you are.
- STRING - to hold it all together when it seems to be falling apart
- TEA BAG - to remind you to relax daily.
- BAND AID - for all those paper cuts you get when licking and stuffing envelopes
- CANDY KISS - to remind you that someone loves you

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